



MARCH  
MAKEOVER  
MADNESS

## What You Need To Know Before Buying A New Bra

### 6 Tips

- TIP 1 Get Professionally Fit**, Make sure the specialist, not only pulls tight on ribcage, but also talks with you during fitting to find out your likes and dislikes.
- TIP 2 You should have** three bras in your wardrobe to be washed and rotated properly they should last you an entire year until it's time for your next fitting
- TIP 3 Take a moment** to look in the mirror from side to side. Your band should be the same level all the way around you. If it is riding up the back, the band is either too big or stretched out from time and use. It's time for a professional fitting.
- TIP 4 Two-thirds of** ladies have one breast larger than the other. Always fit for the larger breast and the smaller gal comes along for the ride. If it's a molded cup you won't be able to tell that there is room in the cup.
- TIP 5 Bras are Foundations** for your clothing. Always try your bra on with a snug shirt as it is the best way to see your amazing before and after. A great fitting bra will make you stand taller, look slimmer, and define your hourglass figure. Three bras washed and rotated properly should last you an entire year until it's time for your next fitting.
- TIP 6 It is important** to know that just because you are a 36C in one style bra does not necessarily mean that you will be in a 36C in all bras.